SAINT TERESA SCHOOL

Preschool 3 & 4

Dear Pre-K Families,

Welcome! We're excited to begin a joyful year of learning and discovery with your child. Whether they're 3 or 4, this year is an important step toward kindergarten, and we're honored to be part of it.

In our nurturing classroom, children will build skills through play and hands-on activities, focusing on:

- Social & Emotional Growth: Making friends, sharing, expressing feelings, and gaining independence
- Language & Literacy: Listening to stories, learning letters/sounds, and beginning to write
- Math Skills: Counting, recognizing shapes and patterns, and exploring measurement
- Motor Development: Strengthening hands through art, play, and tools
- Science & Discovery: Observing nature, asking questions, and experimenting
- Creative Play: Engaging in music, art, and pretend play

STARTING IN THE FALL OF 2026, UNIFORMS WILL BE REQUIRED FOR PRESCHOOLERS. THEY CAN BE PURCHASED THROUGH LANDS' END.

Class assignments will be shared in mid-August. We look forward to a great year together—thank you for sharing your child with us!

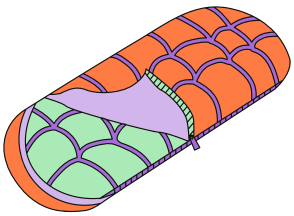
Warmly,

Ms. Dumas, Mrs. Rocha & Mrs. Filippa

STS
Pre-Kindergarten
Supply List



full size backpack



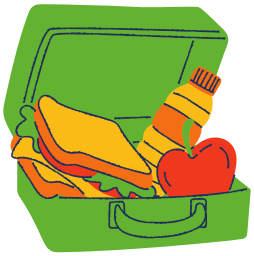
all-in-one nap sack



daily snacks and drink



change of clothes to be kept in backpack



lunch if not purchasing from school



Always welcomed: donations of wipes, paper towels, Kleenex, etc